



MEDIA RELEASE

FOR IMMEDIATE RELEASE
Aug. 1, 2014

Contact:
Michael Roberts
504-232-4155
fittrainernola@gmail.com

Michael Roberts Selected as Gold Ambassador for Get America Fit Foundation

*Foundation promotes improved health and wellness to help solve nation's
growing health care and obesity crisis*

Summary: Michael Roberts was recently named a Gold Ambassador for the Get America Fit Foundation (GAFF). The foundation is designed to offer a long-term solution to the nation's health care crisis with a focus on health and fitness and is currently recruiting Gold Ambassadors to help inspire more Americans to live happier and healthier lives.

New Orleans, La – Taking advantage of a golden opportunity to make a difference in the lives of more Americans, Michael Roberts was selected as a Gold Ambassador for the Get America Fit Foundation (GAFF), a foundation that is dedicated to helping reduce childhood and adult obesity and inspiring more people across the country to live happier, healthier lives.

Mr. Roberts has been a personal trainer and fitness chef for 4 years and is the owner of Whole Body Health and Fitness. He currently trains at Downtown Fitness Center at Canal Place and the New Orleans Healing Center.

"I am thrilled to welcome Michael as a Gold Ambassador for the Get America Fit Foundation. Our growing team of Gold Ambassadors exemplifies the importance of commitment, dedication, and a true passion for helping others achieve their goals and live better lives," said John Spencer Ellis, CEO of the Get America Fit Foundation. "We are determined to get America fit and our Gold Ambassadors are the key to doing so effectively."

Others interested in learning more or becoming a Gold Ambassador for the Get America Fit Foundation can visit <http://getamericafit.org/> for further details.

“I genuinely enjoy making a difference in the lives of others and look forward to partnering with the Get America Fit Foundation for better global health,” said Mr. Roberts. “When you feel better, you live better, and I believe that together we can make a real difference in the health, fitness and happiness of friends, family and people across the country.”

The Get America Fit Foundation was developed to help counteract the growing rates of childhood and adult obesity, type 2 diabetes, cancer, heart disease and other serious conditions. Gold Ambassadors receive a wealth of information and education to share with others to inspire them to better health.

About Whole Body Health and Fitness

Welcome to Whole Body Health and Fitness. My strength training program will enable you to lose those unwanted pounds, gain muscle tone, and improve your overall health and appearance. You will be completely revitalized by my program!

About the Get America Fit Foundation

Founded by fitness and personal development guru John Spencer Ellis, the Get America Fit Foundation (GAFF) is a non-profit charity providing education to fitness professionals and consumers, as well as recreation and fitness equipment for underfunded schools, so America’s youth can stay active, learn how to respect their bodies, and live long and healthy lives. For more information about the Get America Fit Foundation, please visit <http://getamericafit.org/>.

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